



# The Anatomy of Trauma and Grief

**Provided by:**

**The Children's Bereavement Center of South Texas**

**Presenter:** Michelli Gomez, LMSW, Program and Outreach Services Coordinator for The Children's Bereavement Center of South Texas, provides psychotherapy to individuals and families who have experienced a death loss or are presently anticipating the death of a loved one. In addition, she designs and facilitates bereavement support groups for children and adults. Ms. Gomez has presented at state, national and international conferences on matters regarding childhood grief and trauma.



**Training Description:** This is a 2 hour training designed to educate and prepare mental health professionals for work with children and adults experiencing trauma and grief. The training will include a review of current research related to the neuroanatomy and physiology of trauma and strategies for intervening with children, adults and the family system.

**Training Objectives:** (1) Understanding the impact of trauma and grief as it relates to the stages of human development; (2) Recognizing indicators of trauma and traumatic grief in children and adults; (3) Understanding the physiological and neurobiological manifestations of trauma; (4) Strategies for age appropriate intervention. This is an experiential training; participants will receive hands on training in therapeutic techniques that can be carried out in a wide array of mental health settings.

**Date:** Saturday, June 6, 2009

**Time:** 10 a.m. to 12 p.m.

**Place:** CBCST, 332 W. Craig Place, San Antonio, TX 78212

**Fee:** \$45

LPC and LMSW registrants will receive 2 units of continuing education credit.

RSVP to Michelli Gomez by June 1<sup>st</sup> at 210-736-4847, ext. 227 or [mgomez@cbcst.org](mailto:mgomez@cbcst.org)



The Children's  
Bereavement Center of South Texas  
Linking hearts, mending spirits, transforming lives.