

Upcoming Grief Trainings

Let's Stop Talking and Start Dancing

*Using Movement and Creating
Mandalas to Relieve Grief*

July 10th

The Rhythm of the Soul

*Using Drumming & Music as a Means
of Communicating Emotion*

August 7th

These invaluable trainings are offered as a gift to the community and will be held at The Children's Bereavement Center of South Texas.

Fee: \$10

Time: 10 a.m. to noon

RSVP: 1 week prior to training date by email to mmuniz@cbcst.org



The Children's
Bereavement Center of South Texas
Linking hearts, mending spirits, transforming lives.

For more information, please visit www.cbcst.org or call 210-736-4847. The CBCST is located at 332 West Craig Place.