



The National Alliance for Caregiving is Seeking Family Caregivers of Veterans for Focus Groups in San Antonio

These focus groups are part of a study that will provide an opportunity for family caregivers of Veterans to be heard and to improve services for other caregivers of Veterans now and in the future.

If you are a family caregiver of a Veteran or know of one, and wish to take part in a focus group in San Antonio, please sign up by May 10 at:
www.gwsurvey.com/caregiversofveterans.html *

The National Alliance for Caregiving is a non-profit research organization seeking participants for a new study of family caregivers of Veterans who need help with everyday activities. This study is intended to determine how caregivers of these Veterans are coping, and what community and VA services, resources, and programs would support and assist them with their caregiving activities.

Caregivers are defined as those relatives, friends, and neighbors providing unpaid assistance to Veterans who need help with everyday activities, including personal care—help with bathing, dressing, or feeding—help with medications and other treatments, transportation to doctors' appointments, arranging for services, and assisting Veterans with post-traumatic stress disorder (PTSD) or traumatic brain injury (TBI). Caregivers of Veterans from World War II, the Korean War, the Vietnam War and other conflicts through the current conflicts in Iraq and Afghanistan will be included in the study. Veterans are those who have separated or retired from active duty in any branch of the military including the National Guard, and the military Reserves.

The study will collect information through focus groups, telephone interviews, and an Internet survey* of caregivers of Veterans. The National Alliance for Caregiving is currently recruiting family caregivers of Veterans for the focus groups in **San Antonio, Texas**. The focus groups will take place on **May 24, 2010**. **A cash incentive of \$125 will be provided to each focus group participant and a cash incentive of \$25 will be provided to a Veteran who refers a caregiver(s) to the focus groups.** Information obtained from the focus groups will be completely **confidential** and will not be connected to the individual caregivers participating in the study. The National Alliance for Caregiving has conducted many national research studies on caregiving, available on www.caregiving.org.

Thank you for considering participating in a study that could make a difference in the lives of caregivers of Veterans. Please contact Kathy Cameron at kathleen56@caregiving.org or 703-585-6607 for more information.

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*For caregivers who do not have Internet access, the study sign up form is also available in a paper version to complete and return via regular mail.