

Come and Join us

Quarterly Caregiver Training



Provided by the Bexar Area Agency on Aging,
Alamo Area Council of Governments

Sponsored by Emeritus

WHEN: Wednesday, March 10, 2010

TIME: 11:30am-1:30pm

PLACE: Amber Oaks
4415 Rio de Oro
San Antonio, TX
(210) 653-3132

Topic: “You Better Take Care of Yourself! “

Speaker: Helen Flores
Director of Community Relations
Caring Companions

Lunch is provided. Respite/Transportation provided upon request.

Please RSVP by March 5, 2010. Contact Nellie Garay: (210) 362-5271.

