

MEMBERS
Long Term Care Council
Of San Antonio

- **Acadian On Call** is a Personal Emergency Response System that offers peace of mind and allows seniors to remain independent, in their homes, with access to help at the touch of a button for *any* emergency. A small communicator unit connects through standard phone line service, and a lightweight, waterproof pendant worn around the neck or on the wrist is monitored 24/7. There are no long term contracts for this affordable service offered in Bexar County and surrounding areas. Acadian On Call is proud to be a provider for the Texas Department of Aging and Disability Services, as well as the Alamo Area Capitol of Governments. For more information, please call **1-800-259-1234**.
- **Adult Protective Services- APS** is a state mandated program that investigates allegations of abuse, neglect and exploitation of seniors and adults with disabilities. APS maintains a 24 hour toll free reporting line, **1-800-252-5400**. APS will also provide services to alleviate or prevent further abuse and neglect from occurring.
- **Alamo Area Agency on Aging** serves seniors 60+ with a variety of services in eleven counties outside of Bexar County. Benefits counseling and Ombudsman services for nursing home residents are also available. The only exceptions to the age requirement are Grandparents Raising Grandchildren who are 55+. All requests for assistance or assistance must go through Intake at **1-866-231-4922**.
- **The Alzheimer's Association** is the world leader in Alzheimer's research, care and support, and is dedicated to finding prevention methods, treatments and an eventual cure for Alzheimer's disease. As a nationwide non-profit, the Association is committed to providing reliable information, support and education to all those affected by Alzheimer's disease. The Alzheimer's Association is available 24 hours a day, 7 days a week through our helpline at **1-800-272-3900** an at www.alz.org
- **Amerigroup** is the leading publicly-traded company dedicated exclusively to caring for the financially vulnerable, seniors and people with disabilities through publicly-funded programs. Please browse our website or contact us directly to learn more about our associates' commitment to making a difference in the lives of those we serve. **(210) 737-5700**

- **The Bexar Area Agency** on Aging serves seniors 60+ with a variety of services in Bexar County. Benefits Counseling, Legal Information and Ombudsman services for nursing home residents are also available. The only exceptions to the age requirement are Grandparents Raising Grandchildren who are 55+. All requests for information and assistance must go through Intake at **(210) 362-5254**.
- **Care Improvement Plus** is a unique Medicare Advantage Part D (MA-PD) health plan exclusively designed to meet the specific needs of Medicare beneficiaries living with diabetes, heart failure, chronic obstructive pulmonary disease (COPD), and/or end stage renal disease (ESRD) — people whose well being can be very dependent on the good health decisions they make. **Marlene Richter – Community Based Marketing Manager (210) 563-7548**
- **Catholic Charities** provides assistance with their Money Management Program for clients 55 and over. Guardianship Services provides Power's of Attorney and Living Wills. **(210) 293-1009**
- **Funeral Caring – USA** working with Seniors and family members to assist with pre-planning of funerals. **Angela Cacciola (210) 491-0359**
- **Girling Health Care** is a full service agency that provides Homemakers through State programs, Skilled nursing care through Medicare, and will soon be providing Hospice services. **Gloria Crawford – Administrator (210) 616-0212 or 1-800-580-0212**
- **Home Instead Senior Care** a reliable source of home care for Seniors. **Karen Freeman (210) 614-1132**
- **Humana** is a Fortune 100 company providing Medicare eligible seniors and Medicare/Medicaid recipients the guidance needed to understand and select the healthcare comprehensive health coverage, reduced out-of-pocket expenses, choice of physician, prescription drug coverage, and discounted over-the-counter health items such as vitamin and mineral supplements. We also include benefits such as SilverSneakers gym membership and Humana Active Outlook, a life enrichment program dedicated to helping our members live a full and active life. Humana agents are available to conduct "Question and Answer" sessions for your residents and social organizations. Refreshments provided.
- **Gladys Murphy (210) 615-5100, ext. 2521 or Martha Cruz Chavez (210) 615-5100, ext. 2500**

- **Law Offices of Carol Bertsch** – Carol Bertsch is an Elder Law Attorney that will assist with Estate planning, Long Term Care planning, probate and guardianships. **(210) 735-9911**
- **Pride PHC and Pride Health Care** are two Home Health Care agencies serving individuals with Personal Care and Skilled Nursing needs in their place of residence. PRIDE focuses on care for persons who are Medicaid and Medicare eligible. **(210) 949-1303**
- **Seniors 2000 Health and Activities Centers** are medical model adult day care facilities. With three facilities strategically located in San Antonio serving the elderly and disabled. Each facility offers medical care with an onsite nurse. Breakfast, lunch and afternoon snack are served based on the dietary requirements of the individual client. Social activities are planned daily to encourage participation of the client. The facility arranges transportation to and from the facility. Seniors 2000 accepts Medicaid, Star+Plus, ACCOG, VA Respite, and Private Pay. For additional information please call **(210) 692-3003**
- **San Antonio Food Bank** mission is to fight hunger in Southwest Texas through food distribution, programs, education and advocacy. The Social Services Outreach Team is now assisting with application and recertification of federal programs such as Food Stamps, Adult Medicaid, CHIP, Long Term Care and more. For further assistance please call **Nancy Sanchez (210) 337-3663 or (210) 431-8326**.
- **Sunrise Nursing & Rehabilitation Center** is located on the Southside of SA. We provide Long-Term care for individuals who can no longer function independently at home. We also provide Short-Term care for those who need therapy or nursing to recover from hip/knee replacements, heart surgeries, wounds etc. and want to return home. We are committed to giving personal attention and respect to all our residents and family members. To schedule a tour call **Kathryn Montgomery, Director of Community Relations at (210) 725-7877**.
- **Texas Department of Aging and Disability Services (DADS)** The goal of **DADS** Long Term Services and Supports programs is to provide in-home and community-based services to the elderly and persons with disabilities who are functionally impaired, allowing them to remain in their own homes and communities. Services can include personal assistance with daily living activities, home management such as laundry, shopping and housekeeping, adult day care, and services such as adaptive aids, minor home modifications and respite to support families caring for children who are medically dependent. **For referrals please call (210) 438-6208**

- **TexMont Health Care Group**, a division of, TexMont Investment and Holdings, LLC., (TeMont) specializes in providing its clients with management resources and advisory, business development, mergers and acquisitions, financial and capital support, as well as growing under performing companies into solid and profitable businesses. TexMont Health Care Group business and its services cover most all aspects of all health care industry vertical Due to the corporate history and industry relationships of the both TexMont and its founder, TexMont Health Care Group is able to access, structure and provide industry support for its clients. The business development and marketing foundation comes from; industry organizations.

TexMont Health Care Group has also committed to support community organization in their efforts to expand health care services and industry support to communities and citizens that would otherwise not have access to these types of health care, services or industry knowledge. **Contact: Thomas W. Montgomery CEO – (210) 404-1992 or (210) 542-5200**

- **Timberhill Villa** is a retirement community located in the NW side of town close to Ingram Park Mall. These are some of the amenities we that we provide. Three meals served restaurant style, weekly housekeeping and linen service, transportation to medical appointments, entertainment, and shopping. Kitchenettes with refrigerators and planned activities to keep you busy if you want. We also have a walking path with beautiful grounds that you can enjoy. Timberhill offers a community based on developing and caring for the whole person. **Rachel Hernandez, Operations/Marketing Manager (210) 684-3480**
- **VIA Metropolitan Transit** is public transit for the citizens of Bexar County. Services include; mainline bus service, ADA paratransit services, vanpooling & various community programs. Our mission is to provide first class public transportation services which are safe, dependable, and cost effective, thereby enhancing the environment and quality of life in our community. **(210) 362-2020**