

## Low Vision Symposium

This event is **FREE** and **OPEN TO THE PUBLIC AND PROFESSIONALS**

Advance registration is preferred.

If you would like to register on line:

[www.esc20.net](http://www.esc20.net)

Click on Workshop tab

To register by phone:

Call Prevent Blindness

210-220-2360

( Participants who pre-register by January 15, 2009, will be eligible for door prizes. )

### OUR MISSION

The mission of the San Antonio Low Vision Coalition is to foster a community that understands and values blind and visually impaired individuals by promoting awareness and collaborative activities.

### Members of the San Antonio Low Vision Coalition:

Department of Assistive and Rehabilitative Services,  
Division for Blind Services  
[www.dars.state.tx.us/](http://www.dars.state.tx.us/)

Department of Veteran's Affairs:  
Visual Impairment Services  
Program

Education Service Center,  
Region 20  
[www.esc20.net](http://www.esc20.net)

Lions Low Vision Center of Texas UT  
Health Science Center  
San Antonio  
[www.texaslionslowvision.com](http://www.texaslionslowvision.com)

Prevent Blindness Texas  
[www.preventblindness.org/TX/](http://www.preventblindness.org/TX/)

San Antonio Lighthouse for the Blind  
[www.salighthouse.org](http://www.salighthouse.org)

Low Vision Resource Center  
[www.lowvisionclub.com](http://www.lowvisionclub.com)

Santa Rosa Low Vision Clinic  
[www.lowvisionclinic.net](http://www.lowvisionclinic.net)

Ok, so I am visually impaired. Now what?  
**Challenges and Opportunities in South Texas**

The San Antonio

Low Vision Coalition presents a  
**FREE Low Vision Symposium**



Saturday,  
January 23, 2010  
8:00 am —12:45 pm  
Education Service Center  
Region 20  
Conference Center  
1314 Hines  
San Antonio, TX 78208

Saturday, January 23, 2010

## Schedule Overview

\*\*\*\*\*

8:00 - 8:15 Welcome  
8:15 - 9:30 What resources are available?  
9:30 - 9:45 Break  
9:45 -10:30 **Session 1**  
10:30 -10:45 Break  
10:45 - 11:45 Keynote Address:

**Calvin Mein, M.D.**  
**“ There is light at the end  
of the tunnel: Research  
update. ”**

11:45 -12:00 Break

12:00 -1:00 **Session 2**

\*\*\*\*\*

**Snacks and drinks**

**will be provided at the breaks.**

### Session 1:

**9:45 — 10:30 Please choose one of the following to attend:**

1. Panel discussion with parents of young children and high school students with visual impairment
2. Panel discussion with older adults with visual impairment
3. How can I stay active and have fun?
4. How do I get from point A to B? — mobility issues
5. Experience visual impairment through low vision simulation activities

### Session 2:

**12:00 — 12:45 Please choose one of the following to attend:**

1. Panel discussion with college age and working adults with visual impairment
2. Questions for the Low Vision Optometrist: What you always wanted to know but were afraid to ask!
3. How can I live independently when I can 't read or see the dials on my stove?
4. How do I go on now that I have vision loss?
5. Experience visual impairment through low vision simulation activities

## About Dr. Calvin Mein:

Dr. Calvin E. Mein attended medical school at the University Of Illinois Peoria School Of Medicine where he completed his internship at the Letterman Army Medical Center in San Francisco and completed his residency in ophthalmology at the Brooke Army Medical Center (BAMC) in San Antonio.

He followed this with a fellowship specializing in retina and vitreous at Bascom Palmer Eye Institute in Miami, Florida. His service in the United States Army brought him back to BAMC in 1986 where he served as Chief of the Ophthalmology Service until he retired from the Army in 1991 and established a private practice, Retinal Consultants of San Antonio.

Dr Mein and his associates provide state of the art care for patients with diseases of the retina and vitreous. Dr. Mein is also a clinical professor at the University Of Texas Health Science Center at San Antonio.