

NRTA: AARP's Educator Community and
The Dana Alliance for Brain Initiatives present

Staying Sharp

current advances
in brain research

Saturday, March 14, 2009
10:00 a.m. – 12:00 noon

Marriott Rivercenter
101 Bowie Street, San Antonio, TX 78205

**Learn from three of the nation's
top brain experts**

- ▶ Brain fitness and how to keep your mind sharp
- ▶ How the “plastic” brain changes throughout life
- ▶ Memory loss: what's normal and what's not
- ▶ Successful longevity and the brain

Presenters:

José E. Cavazos, M.D., Ph.D., Associate Professor of Neurology, Pharmacology and Physiology, The University of Texas Health Science Center at San Antonio

Michael J. Friedlander, Ph.D., Wilhelmina Robertson Professor and Chair, Department of Neuroscience; Director of Neuroscience Initiatives, Baylor College of Medicine, Houston, TX

James L. Roberts, Ph.D., Cowles Distinguished Professor of Neuroscience, Trinity University, San Antonio

Moderator: **Annette Norsman, Ph.D.**,
Director, AARP Lifelong Learning

It's FREE! Hurry—space is limited. Call 1-877-926-8300.

Staying Sharp is a joint project of NRTA: AARP's Educator Community and the Dana Alliance for Brain Initiatives. The San Antonio presentation of Staying Sharp is being hosted by AARPTexas and the Texas Retired Teachers Association.

This Staying Sharp presentation is supported by a generous grant from **MetLife Foundation**.

SAVE THE DATE!

Enjoy educational forums, music, an interactive marketplace, and appearances by author Sandra Cisneros and fashion designer Carmen Marc Valvo at **AARP's 2009 Life Festival May 15–16** at the Henry B. Gonzalez Convention Center in San Antonio.



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NRTA: AARP's Educator Community y
Dana Alliance for Brain Initiatives presentan

Manteniéndose Alerta

los últimos avances en
investigación del cerebro

**Sábado 14 de marzo del 2009
10 a.m. a 12 p.m.**

Marriott Rivercenter
101 Bowie Street, San Antonio, TX 78205

**Aprenda de tres de los principales
especialistas en cerebro del país acerca de:**

- ▶ la salud cerebral y cómo mantener la mente lúcida
- ▶ cómo cambia el cerebro "plástico" a lo largo de la vida
- ▶ pérdida de memoria: lo que es normal y lo que no lo es
- ▶ la longevidad exitosa y el cerebro.

Presentadores:

José E. Cavazos, M.D., Ph.D., profesor adjunto de Neurología, Farmacología y Fisiología, The University of Texas Health Science Center, San Antonio

Michael J. Friedlander, Ph.D., catedrático y director del Departamento de Neurociencia Wilhelmina Robertson director de Iniciativas de Neurociencia, Baylor College of Medicine, Houston, TX

James L. Roberts, Ph.D., profesor de neurociencia (Cowles Distinguished Professor), Trinity University, San Antonio

Moderadora: **Annette Norsman, Ph.D.**, directora de AARP Lifelong Learning (Aprendizaje Permanente)

Es GRATIS. Apúrese, las localidades son limitadas.
Llame al 1-877-926-8300.

Manteniéndose alerta es un proyecto conjunto de NRTA: AARP's Educator Community y Dana Alliance for Brain Initiatives. La presentación de Para mantenerse alerta en San Antonio es patrocinada por AARP Texas y Texas Retired Teachers Association.

La presentación de Manteniéndose alerta es posible gracias a un generoso aporte de **MetLife Foundation**.

¡RESERVE LA FECHA!

Disfrute de foros educativos, música, un mercado interactivo, y de presentaciones de la autora Sandra Cisneros y del diseñador de modas Carmen Marc Valvo, en el **Life Festival 2009, organizado por AARP, los días 15 y 16 de mayo**, en el Henry B. Gonzalez Convention Center, en San Antonio.



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